

## Nursery Orientation 2022-23





"Children are the world's most valuable resource and its best hope for the future."

#### **OUR MISSION**



The mission of the school is to provide the right inputs that would lead to the holistic development of the child. The school follows the motto 'Knowledge is Liberation'. It is the corner stone around which the character and personality of every child is built.

#### **OUR TEACHERS**



Junior School In-charge: Ms. Suruchi Lal

Co-ordinator Inclusive Education: Ms. Ambita Verdi

Class Representative: Ms. Lakshmi Viswanath

Section A: Lakshmi Viswanath and Radhika Rattan

Section B: Anupama Jadhav and Aakansha Sharma

Section C:Teena Duggal and Ashita Bhasin Chhabra

Section D: Jyoti Chawla and Supriya Gupta

Section E: Preeti Rajput and Maanshi Kumar

#### **OUR ACTIVITY TEACHERS**



Music: Kamal Mothey

Art: Shweta Goel

P.E: Manisha Kaul and Rajni Sharma

Dance: Renate Manescu

Clay: Saroj



#### **SCHOOL RESOURCES**



- Auditorium
- Swimming Pool
- Gymnasium
- Library
- Computer Labs
- EVS Lab
- Maths Lab
- Canteen
- AV room
- Infirmary

#### **NURSERY SNAPSHOT**



- Two teachers and a helper in each Nursery section
- Class strength is around 28 30
- •Newsletter is uploaded on website by the 4<sup>th</sup> of every month which gives you an outline of how the month will progress in school.
- •Kindly <u>check the website</u> on regular basis for updates on various activities.
- •<u>Communicate</u> with the teacher regularly through the school website/ almanac.
- •Each parent will be given their own login id and password.

Emphasis will be given to pre learning skills.



No formal writing is done in Nursery.

- Kindly inform us of your child's absence by mailing the class teacher or sending a leave application.
- Do not send children to school if they are unwell.
- Inform the teachers and the school doctor if the child has a medical condition of any kind.

#### **ACTIVITIES IN NURSERY**



- Assemblies.
- Regular outings (subject to weather conditions). Also kindly fill the consent forms for the same.
- Cooking without fire every month.
- Kitchen garden.
- Play area in Nursery courtyard.
- Sand Pit.
- Physical Education.
- Activities like Art, Craft, Clay, Dance and Music are integrated with the value and topic of the month mentioned in our newsletter.
- Story Telling & Puppet Shows are a regular feature in Nursery.



#### **ALMANAC**

- Read it carefully note the school rules.
- Page 1 & the Medical page are to be filled. please mention allergies, ailments, blood groups.
- Almanac to be checked daily- it is a means of communication. In-case a note is stapled please remove it and if it is in written in the almanac please sign to acknowledge it
- All important information especially leave application, dispersal notes, to be written in the Almanac.



#### PARENT TEACHER MEETING

- Twice in a year.
- If need be, you can meet the teacher by prior appointment.
- Parents should not go to the classroom without permission.



#### **BIRTHDAYS**

- Celebrations should be simple
- No coloured clothes no return gifts No photography
- In-case you are inviting children home-please send invites for the entire class. The school will not allow selective distribution of invitations.
- 2 toffees can be sent for each child in the class. Please don't send expensive chocolates/sweets hampers/invitation cards.



#### **SCHOOL TIMINGS**

- Nursery will come in 2 groups
- The 1<sup>st</sup> group arriving on 7<sup>th</sup> and 8<sup>th</sup> April 2022
- The 2<sup>nd</sup> group arriving on 11<sup>th</sup> and 12<sup>th</sup> April 2022 giving exclusive time to your ward. This is an important bonding and familiarizing time with our children.
- The group your child belongs to is mentioned in the folder.
- The timings on these 4 days will be 8:30 a.m. to 11:00 a.m.
- Normal school timings will start from 13<sup>th</sup> April (Wednesday). Children will then come in at 8:30 a.m. to 12:30 p.m.



#### **DISPERSAL**

- No bus service will be provided to Nursery children.
- The advice to parents is not to entrust your child to anyone without verifying their credentials. Safety of your children is of utmost importance to us.
- Children will not be allowed to leave with anyone other than the bearer of the collection card (which will be given in April).
- We encourage parents to car pool instead of using private van services, keeping the safety of the children in mind.
- If ever you want to take your child home early, kindly take prior
  permission with a note in the almanac to the class teacher. Also kindly
  fill the gate pass available in the Junior School Office before taking your
  child away.
- Teachers need to take extra care of children during dispersal in the afternoon. Therefore, they will not be available for any discussion at that time.



#### **CHANGE IN ADDRESS**

- Parents are required to inform the school authorities/class teacher if there is any change of address and telephone numbers (Important in case of emergency and we need to contact the parents)
- Parents should call their ward's teacher <u>ONLY</u> during emergency.

#### <u>IMPORTANT POINTS</u>



- Take out time for your children
- Don't live your dreams through your children Every child is unique-don't compare. Know your child's individual ability.
- Monitor and supervise the time spent by your child watching TV or playing on the computer
- Bed time should not be later than 8:00 p.m.
- Toilet Trained.
- Ensure that children do not come to school on an empty stomach
- Give rewards judiciously and also be firm.
- Ensure that you follow COVID protocols.





### Keep a consistent sleep schedule

- Get up at the same time every day, even on weekends or during vacations.
- Waking up usually has to be at a fixed time, hence going to sleep is at your choosing.
- Set a bedtime that is early enough for you to get at least 7 hours of sleep.

Exercise regularly – get at least 30 minutes of vigorous activity on most if not all days.



Strictly NO iscreens' in bed

- Turn off electronic devices at least 30 minutes before bedtime.
- And don't keep those smartphones plugged in near your bed.
- Activate the Do Not Disturb feature, at a fixed time every night automatically

Establish a relaxing bedtime routine

- Make your bedroom quiet and relaxing.
- Keep the room at a comfortable, cool temperature.
- Keep the room as dark as possible.





# Looking forward to an exciting year.....

